

INGREDIENTS: Almonds, chicory root fiber, honey, palm kernel oil, sugar, glucose syrup, rice flour, milk powder, sea salt, carob powder, soy lecithin, natural flavor, annatto.

Allergen Information: Contains almonds, milk and soy. Made in a facility that processes peanuts, tree nuts and sesame seeds.

May contain nut shell fragments.

**50% less sugar per bar than the average nutrition bar. This bar has 5g sugar; the average nutrition bar has 12g sugar.*

Nutrition Facts

Serv. Size 1 Bar (40g)

Calories 200

Calories from Fat 140

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/Serving	% DV*	Amount/Serving	% DV*
Total Fat 16g	25%	Sodium 125mg	5%
Saturated Fat 3g	15%	Total Carb. 15g	5%
Trans Fat 0g		Dietary Fiber 7g	28%
Polyunsaturated Fat 3.5g		Sugars 5g	
Monounsaturated Fat 9g		Sugar Alcohol 0g	
Cholesterol 0mg	0%	Protein 6g	

Vit. A 0%, Vit. C 0%, Calcium 8%, Iron 6%, Vit. E 35%, Vit. B2 15%, Phosphorus 15%, Magnesium 20%, Copper 15%, Manganese 35%, Molybdenum 10%

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Nutrition Notes: Includes 4g Added Sugars